



Music, Dance & Combined Arts

Call HOOT on 01484 516224

or 07880 731767

[www.hootmusic.co.uk](http://www.hootmusic.co.uk)

[info@hootmusic.co.uk](mailto:info@hootmusic.co.uk)

## HOOT - 10 years & Counting

Dates for your diary

21 September and 14 December ....

Showcase events, performances, workshops and "happenings" to mark celebrations of our 10th year providing arts activities in Kirklees to make you feel good.



Visual Arts & Creative Writing

Call AIM on 01484 434909

[www.artists-in-mind.org.uk](http://www.artists-in-mind.org.uk)

[info@artists-in-mind.org.uk](mailto:info@artists-in-mind.org.uk)



Music, dance, visual arts, singing, creative writing, poetry, film, drama ....

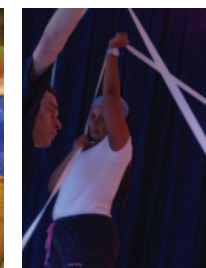
Creative Arts  
To Make You Feel Good

# OUT OF THE BLUE

create change

*Creative opportunities for people with mental health needs in Kirklees*

## What's on Sept - Dec 2011



Music, dance, visual arts, singing, creative writing, poetry, film, drama ....

## About us

### *Out of The Blue...*

Offers a range of creative opportunities for people in Kirklees aged 18-65 to get involved in, as a way of improving or maintaining their mental health and wellbeing. Local arts organisations Hoot and Artists in Mind (AiM) combine forces to offer group activities, one-to-one sessions and creative sanctuaries in Huddersfield and Batley/Dewsbury.

Artists at Out of the Blue are skilled at making it easy to get involved, whether you have lots of experience and want to stretch yourself, or you have little or no experience and want to have a go.

Our friendly and experienced artists and support teams will make sure you get the most out of sessions, whether you want to:-

- gain confidence
- improve skills or learn new ones
- find new ways of expressing yourself
- have a good time and meet new people
- or just want to try something different

### *For you...*

Hoot and AiM have spent nearly 10 years showing how taking part in creative activities helps improve mental health and wellbeing. You can track your own journey in a supportive environment using the Wellbeing Star.

Sessions provided as part of the Kirklees Arts & Mental Health service are FREE Wellbeing services are charged at £2 per session.

Donations are always welcome.

### *Keeping in touch ...*

You'll find the Programme brochure and flyers with all the information about groups including term dates and activities on our websites. Participants receive HOOT NEWS by text message with session reminders, news and programme updates. If you don't have internet access, we can help; you can use the PC in the OOB Creative space to check our websites (or go to your local library). Contact us for more information.

For more information about what's on offer, when and where, and how to get involved or get in touch, read on or contact us for more information...

## More info

### *Self Directed Support Recovery & wellbeing using the arts*

#### *Sound Move*

Hoot's "Sound Move" service is for people with diagnosed mental health issues who are eligible for an Individual Budget or Direct Payments. Aimed at meeting the outcomes identified in your Support Plan, our packages of creative activity will be tailored to meet your interests and needs. A voucher system means that paid for services are provided on a flexible basis.

To find out more, contact Hoot.

#### *Creativity Works!*

Supported Studio & Mentoring Scheme

Long-term placements in AiM's studios. Participants can pursue their creative work to a very high standard, with support for their artistic development, and mentoring by a practising artist. No previous artistic experience necessary, just a commitment to use your studio space for 5-10 hours a week.

To find out more, contact AiM.



# OUT OF THE BLUE

in Batley  
St Mary's Social Club

## Music

### Another Planet - FREE

Using instruments and objects, we'll pluck, strum, thump, bang & blow, clap & shake to great musical effect. Under the guidance and inspiration of our resident musicians, as a group you'll create your own musical compositions. Bring an instrument if you have one – don't worry if you don't!

### Sing Your Head Off! £2.00

Group harmony singing for all, exploring songs from around the world. We believe that everyone can sing, and it's been proved that singing makes you feel good! All songs are taught by ear, beginners and singers equally welcome

## Combined Arts

### Creative Explorers: Found Objects £2.00

What will you find today? Creative exploration using different art forms with experienced artists to inspire and guide you. Come to one or come to all – no experience needed.

St Marys Social Club,  
Melton Street, Batley  
WF17 8PT

Tel: 01484 516224

# OUT OF THE BLUE

in Huddersfield  
OOB, Bates Mill

## Music

### Sing Your Head Off!

Group harmony singing for all, exploring songs from around the world. We believe that everyone can sing, and it's been proved that singing makes you feel good! All songs are taught by ear, beginners and singers equally welcome.

### Guitar Orchestra +

A group for guitars and other strings for players of all abilities: Simple parts, improver parts and parts for the more experienced, all woven together to produce new compositions and old favourites. Bring your instrument if you have one – don't worry if you don't! (Instruments other than strings also welcome)

### Music Studio

Write record and produce your own music with personal assistance from our studio team. Places limited, so ring to book your place or come to the digital drop-in.

### Big Green Drumming Machine

African drumming, Samba rhythms, recycled junk, dustbins, broomsticks and beaters, large extravagant moves and elegant choreography. No experience needed.

## Dance

### Locomotion

Hoot's Dance Company is a group for people who love to dance and want the chance to perform. Creative and skills based sessions will lead towards making dance performances to take to other groups and beyond.

## Visual Arts

### Express Yourself

Unleash your imagination! A series of linked workshops gently introducing different creative techniques.

### Creative Sanctuaries

A studio space with materials provided and support for your own creative development by a mentor who is a practising artist.

## Creative Writing

### The Write Stuff

Develop your capacity for story-making and imagination, explore communication skills such as expression, listening, responding.

## Combined Arts

### Creative Explorers Do you want to be Somebody Else?

Creative exploration using different art forms with experienced artists to inspire and guide you. Come to one or come to all – no experience needed.














OOB, Bates Mill, Huddersfield  
HDI 3DX  
Tel: 01484 516224

All sessions are FREE

## Huddersfield Diary




Out of the Blue, Bates Mill, Milford Street, HD1 3DX Contact Hoot or AiM for more information



	MON	TUES	WED	THURS	FRI
AM	 <b>SOUND MOVE STUDIO</b> (See self-directed support) Starts 5 Sept 10:30 - 12:00	 <b>Digital Drop-in Music Studio</b> 10:00 – 12:00pm Starts 6 Sept		 <b>Express Yourself</b> Visual arts 10.00 – 12.00 Start 6 Oct   <b>Music Studio</b> 10.30 – 12:00 Starts 8 Sept	 <b>Sing your head off!</b> Singing Starts: 23 Sept 10.30-12.30
PM	 <b>SOUND MOVE STUDIO</b> (See self-directed support) Starts 5 Sept 2:00 - 4:00pm   <b>Big Green Drumming Machine</b> 5:30 - 7:30pm Starts 19 Sept	 <b>Do you want to be somebody else?</b> Combined arts 1.30 - 3.30pm Starts 4 Oct   <b>Music Studio</b> 2pm – 4pm Starts 6 Sept	 <b>LoCoMotion</b> Dance 2.00 – 4.00pm starts 28 Sept   <b>Music Studio</b> 2:00 – 4.00pm Starts 7 Sept	 <b>Guitar Orchestra</b> Music 2.00 – 4.00pm Starts 8 Sept	 <b>The Write Stuff</b> Creative writing 1.00 – 3.00pm Starts 9 Sept

## Batley/Dewsbury Diary

St Marys Social Club, Melton Street, Batley WF17 8PT Contact Hoot for more information

	MON	TUES	WED	THURS	FRI
AM		 <b>Found Objects - What will you find today?</b> Combined Arts 10.30 -12.30 Starts 4 Oct		 <b>Another Planet</b> Music 10.30 – 12.30 Starts 8 Sept	
PM				 <b>Sing your head off!</b> Singing Starts: 22 Sept 1.30 - 3.30pm	

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